



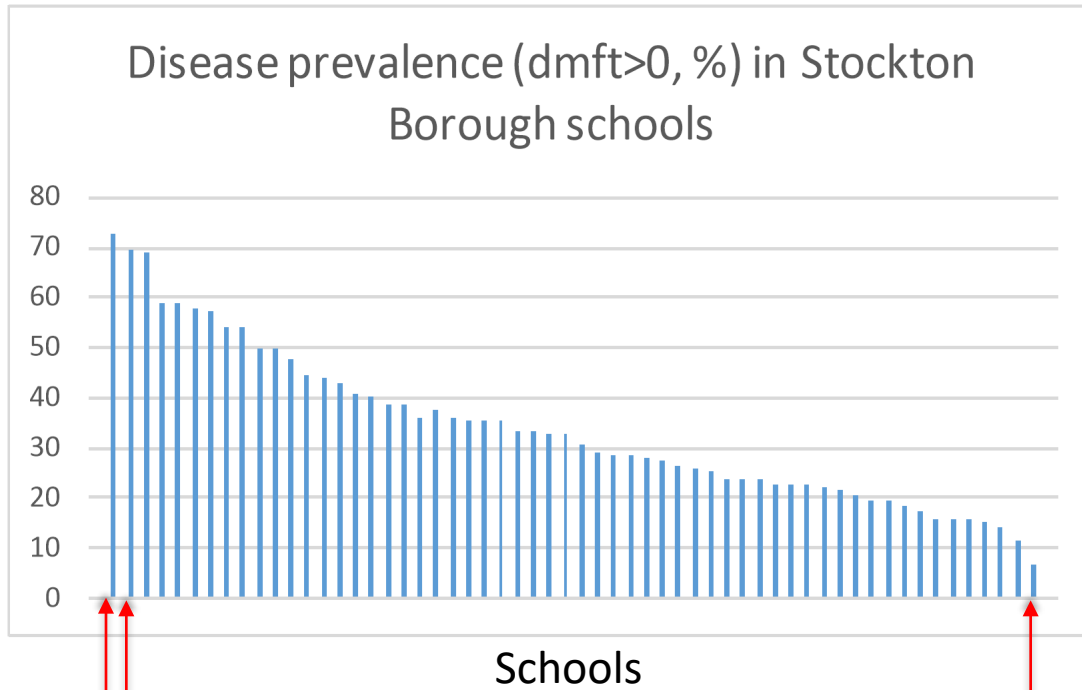
# Child dental health in Stockton Borough

Sarah Bowman  
(Consultant in Public Health, SBC)

# Overview

- Child dental health in Stockton Borough
- The evidence
- Local action

# Child dental health

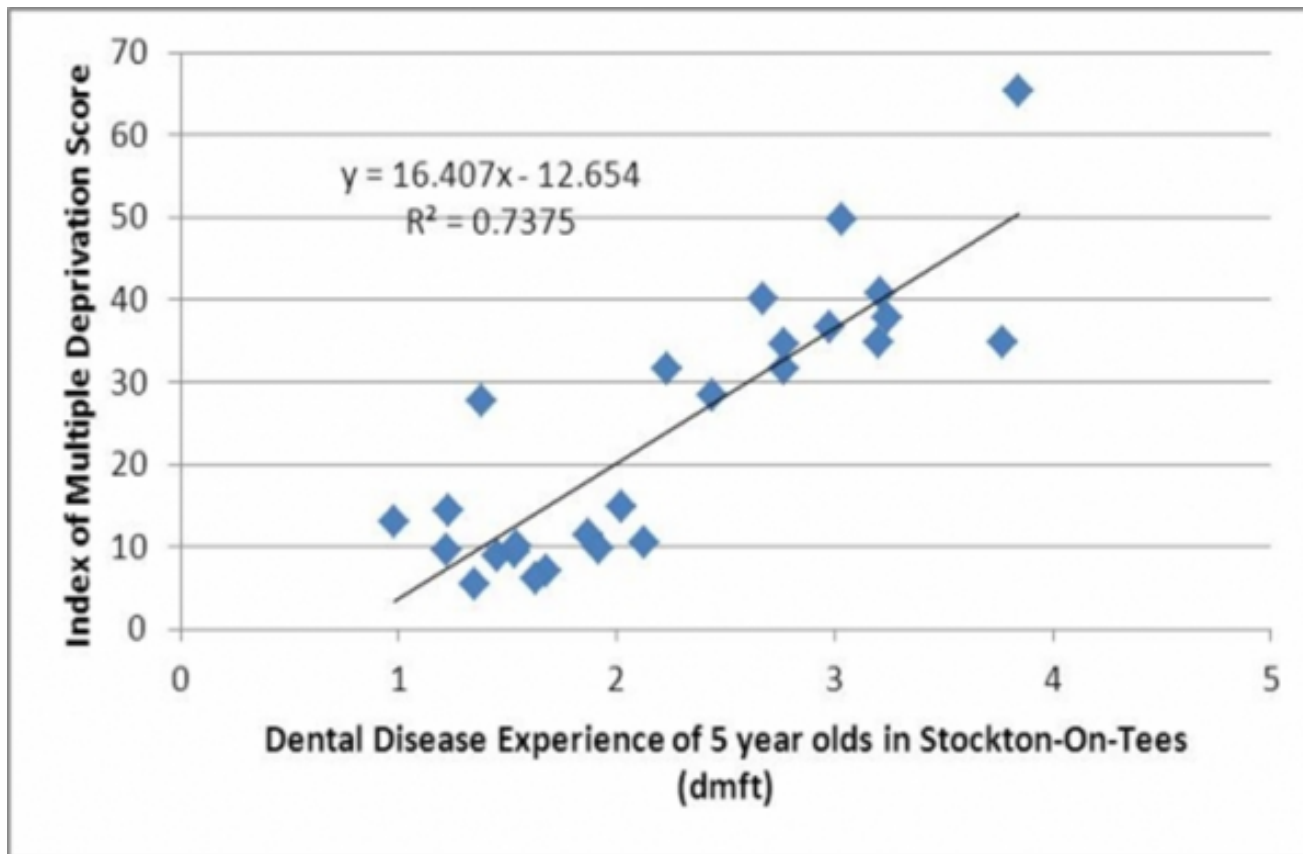


Dmft = % of 5-year old children with decayed, missing or filled teeth

# The evidence

- Dmft – decayed, missing and filled teeth
- Well-used and valid method of measuring dental health
- Good indicator of deprivation and inequality - diet and nutrition (child and family)

# Child dental health



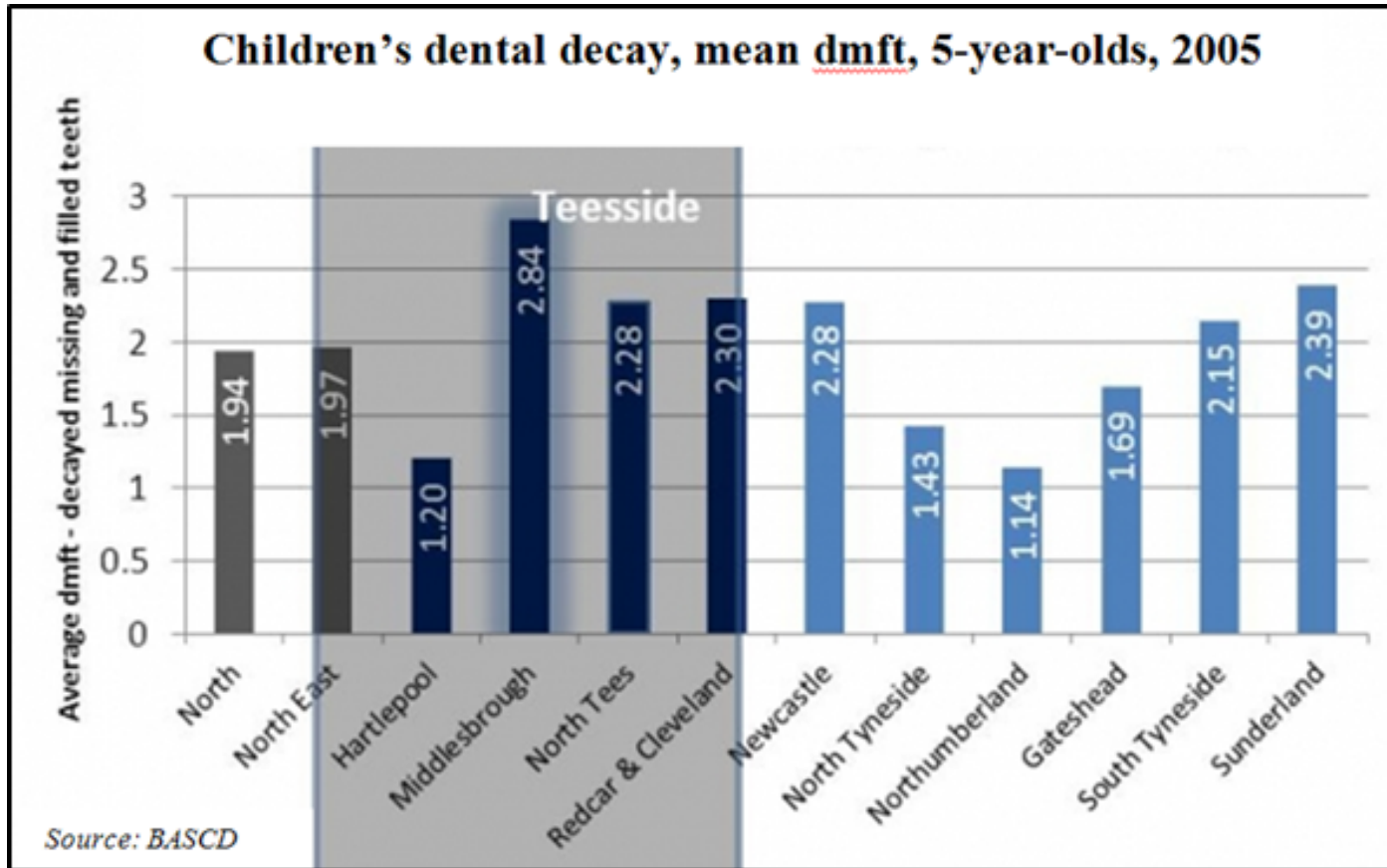
Stockton-on-Tees  
BOROUGH COUNCIL

Health and Wellbeing

Big plans for the health of our people

Source: Tees JSNA

# Child dental health



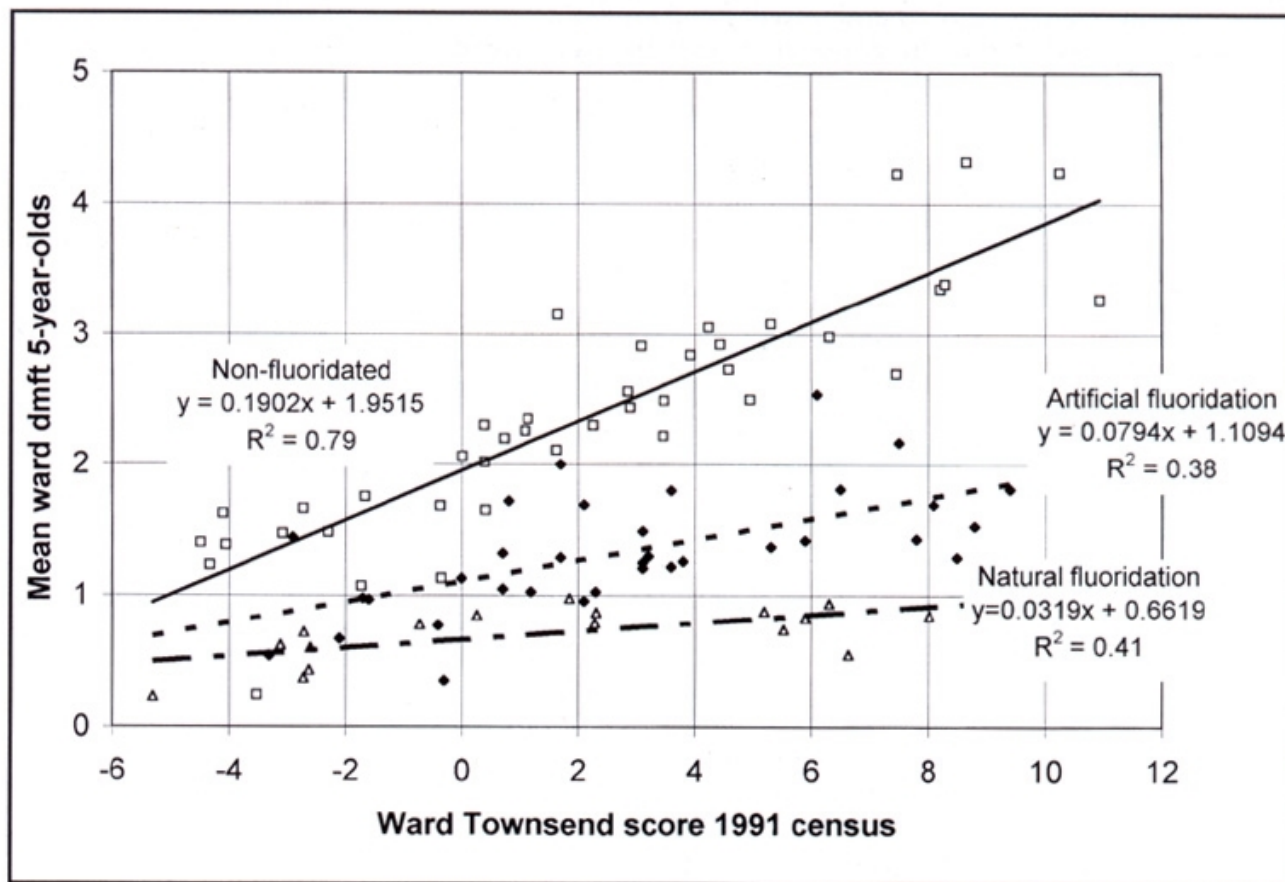
# The evidence

Best protection against poor child dental health:

- Low-sugar diet
- Promotion of good dental health - regular, effective brushing (health promotion messages alone have limited effect)
- Fluoridation of water supplies



# The evidence: Fluoridation





# Local action

Proposals being worked up through CYPHWCG with PHE:

- Toothbrushes & fluoride toothpaste – nursery & reception, all primary schools
- Fluoride varnish – in all quintile 5 primary schools (dmft prevalence)
- Fissure sealant – as adult teeth emerge (age 6), in quintile 4 and 5 primary schools

Health promotion messages re: diet through MoreLife and health visiting

# Questions?



Stockton-on-Tees  
BOROUGH COUNCIL

Health and Wellbeing

Big plans for the health of our people